

FATHER'S 30-DAY DISCIPLESHIP

One conversation, one prayer, one Scripture per day. For the busy father who refuses to outsource.

Spiritual leadership at home is built in repetitions, not retreats. Thirty days of consistent reps beats thirty months of intention. The plan below pairs one Scripture per day with a question to ask your child and a prayer to pray with them. Five minutes. Same time. Every day.

D 1 **Gen 1:27**

Why does it matter that God made YOU on purpose?

D 2 **Ps 139:14**

What is one way you are amazing?

D 3 **Eph 2:10**

What good work do you think God made you to do?

D 4 **Prov 22:6**

Who has taught you the most about God?

D 5 **John 3:16**

Why do you think God sent Jesus?

D 6 **Phil 4:13**

What hard thing did Christ help you with this week?

D 7 **Josh 1:9**

When have you been scared and God was with you?

D 8 **Rom 8:28**

What hard thing turned out good?

D 9 **1 Cor 13:4**

Where did you see real love today?

D10 **Matt 6:33**

What is one thing you put before God this week?

D11 **Prov 3:5**

When did you trust yourself instead of God?

D12 **Ps 23:1**

How is God like a shepherd to you?

D13 **Matt 5:14**

How can your life shine for Jesus this week?

D14 **Eph 4:32**

Who do you need to forgive?

D15 **Col 3:23**

How can you work hard for God today?

D16 **Prov 18:24**

Who is a friend who points you to God?

D17 **Matt 18:21**

What does it mean to truly forgive?

D18 **Heb 12:1**

What is slowing you down in following Jesus?

D19 **Rom 12:2**

What lie does the world tell you?

D20 **Ps 51:10**

What in your heart needs God to clean?

D21 **1 Pet 5:7**

What are you worried about today?

D22 **Phil 4:6**

What can we pray about together right now?

D23 **James 1:5**

What decision do you need wisdom for?

D24 **Prov 27:17**

Who sharpens you spiritually?

D25 **Matt 28:19**

Who needs to hear about Jesus from you?

D26 **2 Tim 1:7**

What fear is God bigger than?

D27 **1 John 4:19**

How do you know God loves you?

D28 **Ps 119:11**

What verse should you memorize?

D29 **Mic 6:8**

How can you do justice this week?

D30 **Rev 3:20**

Have you opened the door to Jesus?

THE 5-MINUTE DAILY FRAMEWORK

Same time, same place, every day. The framework that makes 30 days repeatable.

READ

Open the Bible. Read the day's verse out loud — let them hear God's Word in your voice. 1 minute.

ASK

Ask the day's question. Wait. Do not rescue them from silence. The pause is where God speaks. 2 minutes.

BLESS

Place your hand on their head or shoulder. Speak one specific blessing: name who they are in Christ, what you see God doing in them. 1 minute.

PRAY

Pray one short prayer back over their answer. End with "Amen." 1 minute.

WHEN YOU MISS A DAY

You will miss days. Travel, fights, sick kids, late meetings. Do not "make up" a missed day by doubling up. Pick up where the calendar says you should be. Consistency over completeness. The win is not 30/30 — the win is the rep becoming a rhythm.